



FaithWorks Counseling

Dr. Debbie Harnois

2901 University Avenue, Suite 17

Columbus, GA 31907

706.366.9691

www.FaithWorksCounseling17.com

My Next Chapter: Career Discovery Worksheet – Part 1

This worksheet is designed to help you reflect on your life experience, strengths, and interests so you can move toward a career that feels meaningful, realistic, and fulfilling.

1. Education & Training History

School/Program/Training	Degree/Certificate	Field of Study	Date Completed	What I Gained

[illegible]

Employer/Role	Years	Key Responsibilities	What I Enjoyed	What I Did NOT Enjoy

2. Volunteer Organizations

[illegible]