

Date: \_\_\_\_\_



**FaithWorks Counseling**

Dr. Debbie Harnois

706.366.9691

[www.FaithWorksCounseling17.com](http://www.FaithWorksCounseling17.com)

<p><b>⭐ I Tried My Best With (Teacher checks 1–3 max)</b></p> <p><input type="checkbox"/>  Raise hand  <input type="checkbox"/>  Sit in my spot  <input type="checkbox"/>  Listen to teacher  <input type="checkbox"/>  Kind words  <input type="checkbox"/>  Calm body  <input type="checkbox"/> Other: _____</p>	<p><b>🧠 What Helped Me Today</b></p> <p><input type="checkbox"/>  Break time  <input type="checkbox"/>  Calm corner  <input type="checkbox"/>  Fidget/wiggle  <input type="checkbox"/>  Teacher help  <input type="checkbox"/> Other: _____</p>
<p><b>🌟 My Win Today (Circle ONE)</b></p> <p> Tried   Followed rules   Stayed calm   Was kind  Other: _____</p>	<p><b>🎯 Tomorrow I Will Practice (Circle ONE)</b></p> <p> Raise hand   Calm body   Listening   Kind words  Other: _____</p>
<p><b>😊 My Day Felt Like (Circle one)</b></p> <p>   </p>	<p><b>Optional teacher note. (3–5 words max)</b></p> <p>©2026 FaithWorks Counseling</p>

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